

**FAMILY AND CONSUMER SCIENCES**

**Course Description:** *Family and Consumer Sciences (FACS)* is a comprehensive, foundation course designed to assist students in developing core knowledge and skills needed for successful life planning and management. Content includes human development; family and parenting education; resource management; housing and living environments; nutrition and foods; textiles and apparel; leadership development; and career preparation. A unique focus is on the management of families, work, and their interrelationships. The course provides a foundation for further study in specialized related career areas.

*Family, Career and Community Leaders of America (FCCLA)*, the co-curricular student organization, provides students with opportunities for leadership development, personal growth, and school/community involvement.

**Pre-Requisites:** none

**Recommended Credit(s):** 1

**Recommended Grade Level:** 9-10

## **Family and Consumer Sciences**

### **Course Standards**

- Standard 1.0** Demonstrate citizenship, leadership and teamwork skills needed for success in the family, workplace and community.
- Standard 2.0** Students will evaluate factors that impact individual growth and development in areas related to self-understanding, personal decision making, communication, and interpersonal relationships.
- Standard 3.0** Analyze the importance of the family unit, including parenting roles and responsibilities, on the development of individuals and stability of society.
- Standard 4.0** Integrate knowledge, skills, and practices required for management of human, economic, and environmental resources in the family, workplace, and community.
- Standard 5.0** Apply nutrition and food principles that enhance individual and family well-being across the life span.
- Standard 6.0** Apply knowledge, skills and practices required for a safe and pleasing living environment.
- Standard 7.0** Illustrate knowledge, skills, and techniques in textile and apparel choices and care.
- Standard 8.0** Analyze career opportunities and examine employability skills and traits in family and consumer sciences.
- Standard 9.0** Integrate basic academic and technology skills for success in school, family, career and community settings.

**Family and Consumer Sciences  
Course Standards and Expectations**

**Standard 1.0 Demonstrate citizenship, leadership and teamwork skills needed for success in the family, workplace and community.**

**Expectations and Performance Indicators:**

- 1.1 Examine the major areas of study in the family and consumer sciences program area.
- 1.2 Examine the Family, Career and Community Leaders of America (FCCLA) co-curricular student organization.
- 1.3 Assess factors involved in successful leadership skills, citizenship traits, and cooperative teamwork.
- 1.4 Apply leadership, citizenship, and teamwork skills as an integral part of classroom, workplace, and community involvement.

**Standard 2.0 Evaluate factors that impact individual growth and development in areas related to self-understanding, personal decision making, communication, and interpersonal relationships.**

**Expectations and Performance Indicators:**

- 2.1 Relate how cultural and social influences, personal values, goals, needs and wants influence an individual's attitudes, beliefs and behavior.
- 2.2 Evaluate the impact of choices associated with substance abuse, teen sexuality, dropping out of school, and other potentially harmful activities.
- 2.3 Demonstrate principles of effective communication and conflict resolution skills in school, family and community settings.
- 2.4 Explore and model respectful, positive behavior that contributes to building and maintaining healthy, caring relationships within a diverse society.
- 2.5 Demonstrate the application of the decision-making process to personal decisions, such as parenthood, that have a life-long impact.

**Standard 3.0 Analyze the importance of the family unit, including parenting roles and responsibilities, on the development of individuals and the stability of society.**

**Expectations and Performance Indicators:**

- 3.1 Describe the family as the basic unit of society.
- 3.2 Analyze family functions, roles, and responsibilities.
- 3.3 Determine factors that strengthen the family.
- 3.4 Determine the roles and responsibilities of parents and other caregivers related to the physical, intellectual, emotional, and social development of children.
- 3.5 Identify strategies for optimizing the development of children.

**Standard 4.0 Integrate knowledge, skills, and practices required for management of human, economic, and environmental resources in the family, workplace, and community.**

**Expectations and Performance Indicators:**

- 4.1 Apply the use of human, economic, community and natural resources when making choices for personal and family life.
- 4.2 Demonstrate basic financial literacy and money management strategies.
- 4.3 Analyze consumer buying practices that promote effective utilization of resources.

**Standard 5.0 Apply nutrition and food principles that enhance individual and family well-being across the life span.**

**Expectations and Performance Indicators:**

- 5.1 Analyze factors that influence personal and family nutrition and meal management across the life span.
- 5.2 Examine basic nutrition needs and results of dietary practices across the life span.
- 5.3 Demonstrate table service and dining etiquette.
- 5.4 Acquire 100 % mastery of safety and sanitation standards necessary to ensure a safe environment for laboratory experiences.
- 5.5 Select and prepare nutritious foods applying the current federal dietary and safety and sanitation guidelines.

**Standard 6.0 Apply knowledge, skills and practices required for a safe and pleasing living environment.**

**Expectations and Performance Indicators:**

- 6.1 Analyze housing considerations related to meeting personal and family housing needs.
- 6.2 Illustrate the effective use of the elements and principles of design in living environments.
- 6.3 Demonstrate home maintenance, safety and sanitation procedures.

**Standard 7.0 Illustrate knowledge, skills, and techniques in textile and apparel choices and care.**

**Expectations and Performance Indicators:**

- 7.1 Analyze consumer decision-making practices in apparel choices.
- 7.2 Practice appropriate clothing care procedures.
- 7.3 Acquire 100 % mastery of safety standards necessary to ensure a safe environment for laboratory experiences.
- 7.4 Demonstrate basic repair and sewing procedures.

**Standard 8.0 Analyze career opportunities and examine employability skills and traits in Family and Consumer Sciences.**

**Expectations and Performance Indicators:**

- 8.1 Examine the interests, aptitudes and skills that influence career choices.
- 8.2 Assess employability traits and skills.
- 8.3 Examine career opportunities within each area of family and consumer sciences.

**Standard 9.0 Integrate basic academic and technology skills for success in school, family, career and community settings.**

**Expectations and Performance Indicators:**

- 9.1 Utilize reading, writing, listening, speaking, science and mathematics skills in school, family, career and community settings.
- 9.2 Apply safe technology practices and reliable research strategies as an integral part of academic and life success.